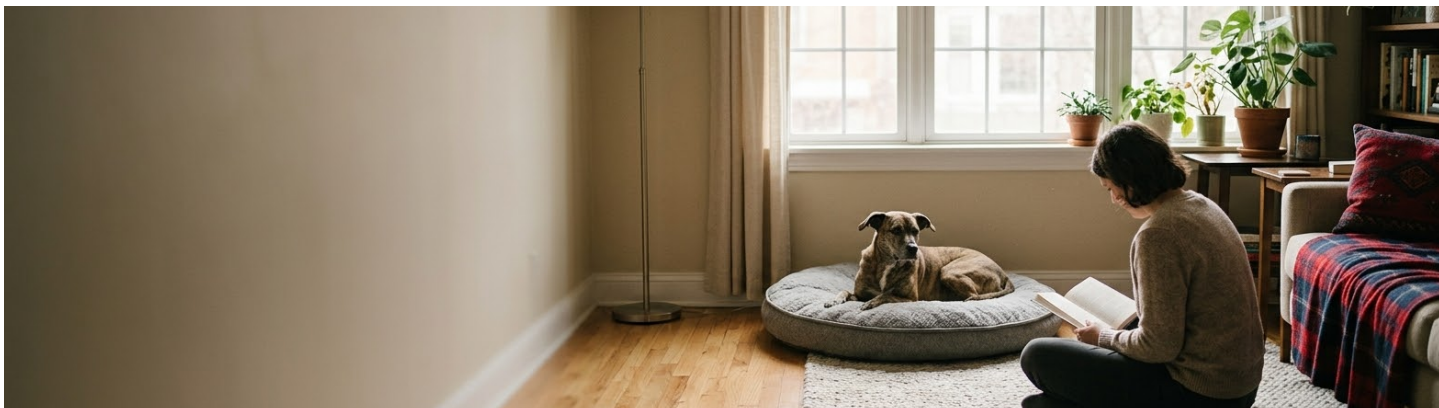


The 3-3-3 Rule: A Guide, Not a Deadline



THE SHORT ANSWER

The 3-3-3 rule for rescue dogs gives a new dog 3 days to decompress, 3 weeks to learn routines and 3 months to feel at home. This is a rough guide, not a deadline.

FOUR THINGS TO REMEMBER

- 1 Three days, three weeks and three months are rough stages for decompression, routine and trust, not guaranteed milestones.
- 2 Keep early days quiet with few visitors and predictable care. Hiding, accidents or clinginess can reflect stress, not disobedience.
- 3 Build routines and reward desired behavior. Look for deeper sleep, steadier appetite and relaxed body language as personality emerges.
- 4 Give slower dogs time without pressure. Seek veterinary advice promptly for food refusal or other health concerns.

YOUR NEXT STEP

Create a quiet first-week routine and monitor eating, sleep and comfort without making the timeline a test.

Read the full article and sources:

<https://letthembedog.com/blog/3-3-3-rule-rescue-dogs>